

Wednesday

Thursday

Friday

--- Milk ---

--- Entrees ---

Spicy Chicken Patty
Carbs: 26
* Soybeans, Wheat

Chicken Caesar Wrap
Carbs: 57
* Milk, Fish, Soybeans,
Eggs, Wheat

Buffalo Chicken Cheese
Steak
Carbs: 56
* Milk, Eggs, Wheat

Cheeseburger
Carbs: 27
* Soybeans, Wheat

Chicken Caesar Salad
MS/HS
Carbs: 45
* Soybeans, Wheat

Peanut butter jelly on
bagel ES/MS
Carbs: 66
* Peanuts, Soybeans,
Wheat

Beef Stir Fry ES/MS
Carbs: 28
* Soybeans

Turkey Hoagie MS/HS
Carbs: 45
* Soybeans, Wheat

Italian Hoagie MS/HS
Carbs: 43
* Milk, Soybeans, Wheat

Chicken Patty
Carbs: 39
* Soybeans, Wheat

SMUCKER 5.3 OZ
UNCRUSTABLE
PEANUT BUTTER AND
GRAPE TWP
Carbs: 64
* Peanuts, Wheat

--- Sides ---

Bananas, (7 to 7-1/8
Inch), Whole
Carbs: 27

Oranges, Fresh, 138
Count, Whole
Carbs: 14

Apples, Golden
Delicious, 125-138
Count, Whole
Carbs: 18

--- Entrees ---

Chicken Caesar Wrap
Carbs: 57
* Milk, Fish, Soybeans,
Eggs, Wheat

Buffalo Chicken Cheese
Steak
Carbs: 56
* Milk, Eggs, Wheat

Spicy Chicken Patty
Carbs: 26
* Soybeans, Wheat

Peanut butter jelly on
bagel ES/MS
Carbs: 66
* Peanuts, Soybeans,
Wheat

Cheeseburger
Carbs: 27
* Soybeans, Wheat

Chicken Caesar Salad
MS/HS
Carbs: 45
* Soybeans, Wheat

Hot Turkey Sandwich
ES/MS
Carbs: 60
* Milk, Soybeans, Wheat

Turkey Hoagie MS/HS
Carbs: 45
* Soybeans, Wheat

Italian Hoagie MS/HS
Carbs: 43
* Milk, Soybeans, Wheat

Chicken Patty
Carbs: 39
* Soybeans, Wheat

SMUCKER 5.3 OZ
UNCRUSTABLE
PEANUT BUTTER AND
GRAPE TWP
Carbs: 64
* Peanuts, Wheat

--- Sides ---

Oranges, Fresh, 138
Count, Whole
Carbs: 14

Italian Green Beans
ES/MS
Carbs: 1

Mashed Sweet Potatoes
ES/MS
Carbs: 41

--- Entrees ---

Peanut butter jelly on
bagel ES/MS
Carbs: 66
* Peanuts, Soybeans,
Wheat

Spicy Chicken Patty
Carbs: 26
* Soybeans, Wheat

Tuna Salad Croissant
Sandwich
Carbs: 37
* Fish, Soybeans, Eggs,
Wheat

Chicken Caesar Wrap
Carbs: 57
* Milk, Fish, Soybeans,
Eggs, Wheat

Buffalo Chicken Cheese
Steak
Carbs: 56
* Milk, Eggs, Wheat

Cheeseburger
Carbs: 27
* Soybeans, Wheat

Chicken Caesar Salad
MS/HS
Carbs: 45
* Soybeans, Wheat

Turkey Hoagie MS/HS
Carbs: 45
* Soybeans, Wheat

Pizza, BIG DADDY'S™
Bold Cheese (10 slices)
Carbs: 34
* Milk, Soybeans, Wheat

Italian Hoagie MS/HS
Carbs: 43
* Milk, Soybeans, Wheat

Chicken Patty
Carbs: 39
* Soybeans, Wheat

SMUCKER 5.3 OZ
UNCRUSTABLE
PEANUT BUTTER AND
GRAPE TWP
Carbs: 64
* Peanuts, Wheat

--- Sides ---

Pears, Diced, Extra
Light Syrup, Canned
TWP
Carbs: 16

Milk, Strawberry, Fat
Free
Carbs: 34

Milk, Chocolate, Non-
fat, With Added
Vitamin A and Vitamin
D
Carbs: 34
* Milk

Lactaid Fat Free Milk
* Milk

Milk, Non-fat, With
Added Vitamin A and
Vitamin D
Carbs: 12
* Milk

Milk, Low-fat (1%),
With Added Vitamin A
and Vitamin D
Carbs: 12
* Milk

RICE, BROWN LONG
GRAIN PARBOILED
TWP
Carbs: 32

Fortune Cookies-
Commercial
Carbs: 16
* Soybeans, Wheat

Carrots and Cucumbers
ES/MS
Carbs: 6
* Milk, Eggs

ORANGE, MANDARIN
WHOLE IN LIGHT-
SYRUP CANNED TWP
Carbs: 23

Stir Fry Vegetables
TWP
Carbs: 8

Apples, Golden
Delicious, 125-138
Count, Whole
Carbs: 18

Cherry Tomato Cup
Carbs: 7
* Milk, Eggs

PEACH, SLICED IN
LIGHT-SYRUP
CANNED TWP
Carbs: 20

Bananas, (7 to 7-1/8
Inch), Whole
Carbs: 27

Apples, Golden
Delicious, 125-138
Count, Whole
Carbs: 18

Oranges, Fresh, 138
Count, Whole
Carbs: 14

Carrot Sticks w/ Dip
ES/MS
Carbs: 8
* Milk, Eggs

Bananas, (7 to 7-1/8
Inch), Whole
Carbs: 27

Romaine Boats
Carbs: 16
* Wheat

Monday	Tuesday	Wednesday	Thursday	Friday	--- Milk ---
-- Snack Items -- Campbell's Classic Condensed Tomato Soup TWP <i>Carbs: 20</i> * Wheat --- Entrees --- Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat Peanut butter jelly on bagel ES/MS <i>Carbs: 66</i> * Peanuts, Soybeans, Wheat Grilled Cheese <i>Carbs: 28</i> * Milk, Soybeans, Wheat Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat Cheeseburger <i>Carbs: 27</i> * Soybeans, Wheat Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat --- Sides --- Roasted Chickpeas ES/MS <i>Carbs: 24</i>	--- Entrees --- Peanut butter jelly on bagel ES/MS <i>Carbs: 66</i> * Peanuts, Soybeans, Wheat TWP Chicken Sandwich (Honey Sriracha) <i>Carbs: 49</i> * Soybeans, Wheat Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat Italian Hoagie MS/HS <i>Carbs: 43</i> * Milk, Soybeans, Wheat Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat --- Sides --- Oranges, Fresh, 138 Count, Whole <i>Carbs: 14</i> Bananas, (7 to 7-1/8 Inch), Whole <i>Carbs: 27</i> Romaine Boats <i>Carbs: 16</i> * Wheat	--- Entrees --- Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat Breakfast Croissant Sandwich <i>Carbs: 35</i> * Milk, Soybeans, Wheat Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat Cheeseburger <i>Carbs: 27</i> * Soybeans, Wheat Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat Peanut butter jelly on bagel ES/MS <i>Carbs: 66</i> * Peanuts, Soybeans, Wheat Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat --- Sides --- POTATO, HASH BROWN PATTY ROUND 1.27 OZ PAR FZN TWP <i>Carbs: 30</i> JUICE, ORANGE 100% SS CUP FROZEN TWP <i>Carbs: 13</i>	-- Snack Items -- Sour Cream& Salsa <i>Carbs: 5</i> * Milk --- Entrees --- Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat Peanut butter jelly on bagel ES/MS <i>Carbs: 66</i> * Peanuts, Soybeans, Wheat Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat Chicken Fajitas with Peppers & Onions <i>Carbs: 45</i> * Wheat Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat Italian Hoagie MS/HS <i>Carbs: 43</i> * Milk, Soybeans, Wheat Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat --- Sides --- Apples, Golden Delicious, 125-138 Count, Whole <i>Carbs: 18</i>	--- Entrees --- Peanut butter jelly on bagel ES/MS <i>Carbs: 66</i> * Peanuts, Soybeans, Wheat Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat Tuna Salad Croissant Sandwich <i>Carbs: 37</i> * Fish, Soybeans, Eggs, Wheat Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat Cheeseburger <i>Carbs: 27</i> * Soybeans, Wheat Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat Stuffed Crust Whole Grain Cheese, 4.84 oz, CN <i>Carbs: 35</i> * Milk, Soybeans, Wheat Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat --- Sides --- Cherry Tomato Cup <i>Carbs: 7</i> * Milk, Eggs	Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Lactaid Fat Free Milk * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk

PEACH, SLICED IN
LIGHT-SYRUP
CANNED TWP
Carbs: 20

Oranges, Fresh, 138
Count, Whole
Carbs: 14

Apples, Golden
Delicious, 125-138
Count, Whole
Carbs: 18

Goldfish Pretzel
Crackers WG SS .75
oz TWP
Carbs: 16
* Milk, Wheat

Bananas, (7 to 7-1/8
Inch), Whole
Carbs: 27

Carrots & Celery
Carbs: 8
* Milk, Eggs
Carrots, Raw

Carrots and
Cucumbers ES/MS
Carbs: 6
* Milk, Eggs

Roasted Potatoes
Carbs: 29

Apples, Golden
Delicious, 125-138
Count, Whole
Carbs: 18

PINEAPPLE CHUNKS
IN EXTRA LS 81 oz
TWP
Carbs: 18

Apples, Golden
Delicious, 125-138
Count, Whole
Carbs: 18

Bananas, (7 to 7-1/8
Inch), Whole
Carbs: 27

Oranges, Fresh, 138
Count, Whole
Carbs: 14

Baked Apples
Carbs: 19
* Soybeans
Apple Slice,
Unsweetened, Canned

Bell Pepper Strips w/
Dip
Carbs: 5
* Milk, Eggs

Oranges, Fresh, 138
Count, Whole
Carbs: 14

RICE, BROWN LONG
GRAIN PARBOILED
TWP
Carbs: 32

Bananas, (7 to 7-1/8
Inch), Whole
Carbs: 27

Black Bean and Corn
Salad
Carbs: 28

Pears, Diced, Extra
Light Syrup, Canned
TWP
Carbs: 16

Cranapple Spinach
Salad ES/MS
Carbs: 35
* Wheat

Spinach, Leaves,
Fresh

ORANGE,
MANDARIN WHOLE
IN LIGHT-SYRUP
CANNED TWP
Carbs: 23

Bananas, (7 to 7-1/8
Inch), Whole
Carbs: 27

Zee Zees Applesauce
Cup, Original,
Unsweetened, 4.5 oz.
TWP
Carbs: 14

Apples, Golden
Delicious, 125-138
Count, Whole
Carbs: 18

Oranges, Fresh, 138
Count, Whole
Carbs: 14

Monday	Tuesday	Wednesday	Thursday	Friday	--- Milk ---
-- Snack Items -- SAUCE, MARINARA TOMATO CAN TWP <i>Carbs: 9</i> ---	-- Snack Items -- Sour Cream& Salsa <i>Carbs: 5</i> * Milk ---	-- Snack Items -- Bread Sticks, WGR 8" Unsliced RedSod Parbaked Frozen <i>Carbs: 25</i> * Milk, Soybeans, Eggs, Wheat ---	--- Entrees --- Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	--- Entrees --- Peanut butter jelly on bagel ES/MS <i>Carbs: 66</i> * Peanuts, Soybeans, Wheat ---	Milk, Strawberry, Fat Free <i>Carbs: 34</i> Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk Lactaid Fat Free Milk * Milk
--- Entrees --- Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	--- Entrees --- Loaded Tot-Chos <i>Carbs: 72</i> * Milk ---	--- Entrees --- Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat ---	Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat ---	Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat ---	Tuna Salad Croissant Sandwich <i>Carbs: 37</i> * Fish, Soybeans, Eggs, Wheat ---
Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat ---	Peanut butter jelly on bagel ES/MS <i>Carbs: 66</i> * Peanuts, Soybeans, Wheat ---	CHICKEN, 8 PIECE 80 COUNT BONE-IN SKIN-ON COOKED OVEN ROASTE * Milk, Soybeans ---	Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat ---	Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk
BREADSTICK BITES, MOZZARELLA STUFFED WGR WILD MIKE'S TWP <i>Carbs: 35</i> * Milk, Soybeans, Wheat ---	Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Peanut butter jelly on bagel ES/MS <i>Carbs: 66</i> * Peanuts, Soybeans, Wheat ---	Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat ---	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk
Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat ---	Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat ---	Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat ---	Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat ---	Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat ---	
Peanut butter jelly on bagel ES/MS <i>Carbs: 66</i> * Peanuts, Soybeans, Wheat ---	Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat ---	Cheesburger <i>Carbs: 27</i> * Soybeans, Wheat ---	General's Chicken <i>Carbs: 39</i> * Soybeans, Wheat ---	Cheesburger <i>Carbs: 27</i> * Soybeans, Wheat ---	
Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat ---	Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat ---	Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat ---	Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat ---	
Cheesburger <i>Carbs: 27</i> * Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat ---	Peanut butter jelly on bagel ES/MS <i>Carbs: 66</i> * Peanuts, Soybeans, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 43</i> * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat ---	
Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat ---	Italian Hoagie MS/HS <i>Carbs: 43</i> * Milk, Soybeans, Wheat ---	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat ---	Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat ---	Pizza, BIG DADDY'S™ Bold Cheese (8 slices) <i>Carbs: 43</i> * Milk, Soybeans, Wheat ---	
Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat ---	Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat ---	Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat ---	
Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	--- Sides --- Peppers, Sweet, Green, Raw <i>Carbs: 3</i> ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat ---	
--- Sides --- Cucumber and Tomato Salad ES/MS <i>Carbs: 6</i> ---	--- Sides --- Apples, Golden Delicious, 125-138 Count, Whole <i>Carbs: 18</i> ---	--- Sides --- Oranges, Fresh, 138 Count, Whole <i>Carbs: 14</i> ---	Broccoli, Cooked, Boiled <i>Carbs: 6</i> ---	--- Sides --- Cucumber Slices <i>Carbs: 2</i> ---	

PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22	Oranges, Fresh, 138 Count, Whole Carbs: 14	Cucumber Slices Carbs: 2	ORANGE, MANDARIN WHOLE IN LIGHT- SYRUP CANNED TWP Carbs: 23	Jell-O Lime Gelatin Dessert Mix, 3 oz. Box Carbs: 19
Oranges, Fresh, 138 Count, Whole Carbs: 14	PEACH, SLICED IN LIGHT-SYRUP CANNED TWP Carbs: 20	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18	RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32	ON TOP ORIGINAL WHIPPED TOPPING Carbs: 2 * Milk
Campbell's Classic Condensed Tomato Soup TWP Carbs: 20 * Wheat	Carrots and Cucumbers ES/MS Carbs: 6 * Milk, Eggs	USDA- Mashed Potatoes ES/MS Carbs: 19 * Milk, Soybeans	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27
Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Candied Carrots Carbs: 19 * Soybeans	Edamame, Frozen, Unprepared Carbs: 4	Romaine Boats Carbs: 16 * Wheat
Italian Green Beans ES/MS Carbs: 1		Pears, Diced, Extra Light Syrup, Canned TWP Carbs: 16	Oranges, Fresh, 138 Count, Whole Carbs: 14	Apricots, Canned, Light Syrup Pack TWP Carbs: 21
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27		Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18	Oranges, Fresh, 138 Count, Whole Carbs: 14
			Fortune Cookies- Commercial Carbs: 16 * Soybeans, Wheat	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18

Monday	Tuesday	Wednesday	Thursday	Friday	--- Milk ---
--- Entrees --- Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat --- Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat --- Peanut butter jelly on bagel ES/MS Carbs: 66 * Peanuts, Soybeans, Wheat --- Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat --- Cheeseburger Carbs: 27 * Soybeans, Wheat --- Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat --- Egg and cheese on bagel/ES Lunch Carbs: 34 * Milk, Soybeans, Wheat --- Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat --- Chicken Patty Carbs: 39 * Soybeans, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- --- Sides --- Oranges, Fresh, 138 Count, Whole Carbs: 14 --- Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---	--- Entrees --- Peanut butter jelly on bagel ES/MS Carbs: 66 * Peanuts, Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat --- Mrs. Budd's Chicken Sandwich Carbs: 39 * Soybeans, Wheat --- Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat --- Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat --- Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat --- Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat --- Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 39 * Soybeans, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- --- Sides --- Carrots and Cucumbers ES/MS Carbs: 6 * Milk, Eggs --- Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---	--- Entrees --- Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 57 --- Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat --- Cheeseburger Carbs: 27 * Soybeans, Wheat --- Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat --- Hot Ham and Cheese on a Pretzel Bun Carbs: 37 * Wheat --- Peanut butter jelly on bagel ES/MS Carbs: 66 * Peanuts, Soybeans, Wheat --- Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat --- Chicken Patty Carbs: 39 * Soybeans, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- --- Sides --- Oranges, Fresh, 138 Count, Whole Carbs: 14 --- Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---	--- Snack Items --- RICE, BROWN LONG GRAIN PARBOILED TWP Carbs: 32 --- --- Entrees --- Beef Stir Fry ES/MS Carbs: 28 * Soybeans --- Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat --- Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat --- Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat --- Peanut butter jelly on bagel ES/MS Carbs: 66 * Peanuts, Soybeans, Wheat --- Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat --- Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat --- Italian Hoagie MS/HS Carbs: 43 * Milk, Soybeans, Wheat --- Chicken Patty Carbs: 39 * Soybeans, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- --- Sides --- EDAMAME, SOYBEAN WHOLE FZN TWP Carbs: 6 * Soybeans ---	--- Entrees --- Peanut butter jelly on bagel ES/MS Carbs: 66 * Peanuts, Soybeans, Wheat --- Spicy Chicken Patty Carbs: 26 * Soybeans, Wheat --- Stuffed Crust Whole Grain Cheese, 4.84 oz, CN Carbs: 35 * Milk, Soybeans, Wheat --- Chicken Caesar Wrap Carbs: 57 * Milk, Fish, Soybeans, Eggs, Wheat --- Buffalo Chicken Cheese Steak Carbs: 56 * Milk, Eggs, Wheat --- Cheeseburger Carbs: 27 * Soybeans, Wheat --- Chicken Caesar Salad MS/HS Carbs: 45 * Soybeans, Wheat --- Tuna Salad Croissant Sandwich Carbs: 37 * Fish, Soybeans, Eggs, Wheat --- Turkey Hoagie MS/HS Carbs: 45 * Soybeans, Wheat --- Chicken Patty Carbs: 39 * Soybeans, Wheat --- SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP Carbs: 64 * Peanuts, Wheat --- --- Sides --- USF6124523 Carbs: 2 * Milk, Eggs ---	--- Milk --- Milk, Strawberry, Fat Free Carbs: 34 Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D Carbs: 34 * Milk Lactaid Fat Free Milk * Milk Milk, Non-fat, With Added Vitamin A and Vitamin D Carbs: 12 * Milk Milk, Low-fat (1%), With Added Vitamin A and Vitamin D Carbs: 12 * Milk

Apricots, Halves, Extra
Light Syrup, Canned
Carbs: 15

Bananas, (7 to 7-1/8
Inch), Whole
Carbs: 27

POTATO, HASH
BROWN PATTY
OVAL 2.25 OZ RAW
FROZEN GOLDEN
Carbs: 30

JUICE, ORANGE
100% SS CUP
FROZEN TWP
Carbs: 13

Baked Apples
Carbs: 19
* Soybeans
Apple Slice,
Unsweetened, Canned

STRAWBERRIES
SLICED 5# TWP
Carbs: 6

Oranges, Fresh, 138
Count, Whole
Carbs: 14

BEAN, GREEN CUT
FROZEN TWP
Carbs: 5

Bananas, (7 to 7-1/8
Inch), Whole
Carbs: 27

Roasted Potatoes
Carbs: 29

POTATO, FRENCH-
FRY SWEET 7/16"
CRINKLE-CUT
XLONG FZN TWP
Carbs: 23

PEACH, SLICED IN
LIGHT-SYRUP
CANNED TWP
Carbs: 20

Romaine Boats
Carbs: 16
* Wheat

Bananas, (7 to 7-1/8
Inch), Whole
Carbs: 27

Carrots and
Cucumbers ES/MS
Carbs: 6
* Milk, Eggs

Stir Fry Vegetables
TWP
Carbs: 8

Fortune Cookies-
Commercial
Carbs: 16
* Soybeans, Wheat

ORANGE, MANDARIN
WHOLE IN LIGHT-
SYRUP CANNED TWP
Carbs: 23

Bananas, (7 to 7-1/8
Inch), Whole
Carbs: 27

Oranges, Fresh, 138
Count, Whole
Carbs: 14

Apples, Golden
Delicious, 125-138
Count, Whole
Carbs: 18

Bananas, (7 to 7-1/8
Inch), Whole
Carbs: 27

Cranapple Spinach
Salad ES/MS
Carbs: 35
* Wheat

Spinach, Leaves,
Fresh

Zee Zees Applesauce
Cup, Original,
Unsweetened, 4.5 oz.
TWP
Carbs: 14

Carrots, Raw, Sticks
Carbs: 6

Oranges, Fresh, 138
Count, Whole
Carbs: 14

Apples, Golden
Delicious, 125-138
Count, Whole
Carbs: 18

Monday	Tuesday	Wednesday	Thursday	Friday	--- Milk ---
-- Snack Items --	-- Snack Items --	-- Snack Items --	--- Entrees ---	--- Entrees ---	Milk, Strawberry, Fat Free <i>Carbs: 34</i>
Dinner Roll WG <i>Carbs: 18</i> * Soybeans, Wheat	Sour Cream& Salsa <i>Carbs: 5</i> * Milk	Bread Sticks, WGR 8" Un sliced RedSod Parbaked Frozen <i>Carbs: 25</i> * Milk, Soybeans, Eggs, Wheat	Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat	Pizza, BIG DADDY'S™ Bold Cheese (8 slices) <i>Carbs: 43</i> * Milk, Soybeans, Wheat	Milk, Chocolate, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 34</i> * Milk
--- Entrees ---	--- Entrees ---	--- Entrees ---	Buffalo Chicken Cheese Steak <i>Carbs: 40</i> * Milk, Soybeans, Eggs, Wheat	Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat	Lactaid Fat Free Milk * Milk
Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat	Peanut butter jelly on bagel ES/MS <i>Carbs: 66</i> * Peanuts, Soybeans, Wheat	Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat	Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat	Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat	Milk, Non-fat, With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk
Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat	Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat	Chicken Caesar Wrap <i>Carbs: 57</i> * Milk, Fish, Soybeans, Eggs, Wheat	Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat	Tuna Salad Croissant Sandwich <i>Carbs: 37</i> * Fish, Soybeans, Eggs, Wheat	Milk, Low-fat (1%), With Added Vitamin A and Vitamin D <i>Carbs: 12</i> * Milk
Penne Alfredo <i>Carbs: 46</i> * Milk	Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat	CHICKEN, 8 PIECE 80 COUNT BONE-IN SKIN-ON COOKED OVEN ROASTE * Milk, Soybeans	Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat	Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat	
Peanut butter jelly on bagel ES/MS <i>Carbs: 66</i> * Peanuts, Soybeans, Wheat	Nachos Bell Grande (w/ beef crumbles) <i>Carbs: 7</i> * Soybeans, Wheat	Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat	Cheeseburger <i>Carbs: 27</i> * Soybeans, Wheat	
Buffalo Chicken Cheese Steak <i>Carbs: 56</i> * Milk, Eggs, Wheat	Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat	Cheeseburger <i>Carbs: 27</i> * Soybeans, Wheat	Italian Hoagie MS/HS <i>Carbs: 43</i> * Milk, Soybeans, Wheat	Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat	
Cheeseburger <i>Carbs: 27</i> * Soybeans, Wheat	Spicy Chicken Patty <i>Carbs: 26</i> * Soybeans, Wheat	Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat	Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat	
Chicken Caesar Salad MS/HS <i>Carbs: 45</i> * Soybeans, Wheat	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat	Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat	Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat	
Turkey Hoagie MS/HS <i>Carbs: 45</i> * Soybeans, Wheat	Italian Hoagie MS/HS <i>Carbs: 43</i> * Milk, Soybeans, Wheat	Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat	--- Sides ---	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat	
Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat	Chicken Patty <i>Carbs: 39</i> * Soybeans, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat	POTATO, FRENCH- FRY SWEET 7/16" CRINKLE-CUT XLONG FZN TWP <i>Carbs: 34</i>	--- Sides ---	
SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat	SMUCKER 5.3 OZ UNCRUSTABLE PEANUT BUTTER AND GRAPE TWP <i>Carbs: 64</i> * Peanuts, Wheat	--- Sides ---	Carrots and Cucumbers ES/MS <i>Carbs: 6</i> * Milk, Eggs	Bell Pepper Strips w/ Dip <i>Carbs: 5</i> * Milk, Eggs	
--- Sides ---	--- Sides ---	Oranges, Fresh, 138 Count, Whole <i>Carbs: 14</i>	STRAWBERRIES SLICED 5# TWP <i>Carbs: 6</i>	Romaine Boats <i>Carbs: 16</i> * Wheat	
Oranges, Fresh, 138 Count, Whole <i>Carbs: 14</i>	Cherry Tomato Cup <i>Carbs: 7</i> * Milk, Eggs				

Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---	POTATO, MASHED SKINLESS WHITE TFF BOIL IN BAG REF Carbs: 19 * Milk ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	ORANGE, MANDARIN WHOLE IN LIGHT-SYRUP CANNED TWP Carbs: 23 ---
Cucumber and Tomato Salad ES/MS Carbs: 6 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---
Carrots and Cucumbers ES/MS Carbs: 6 * Milk, Eggs ---	PINEAPPLE, CHUNK IN JUICE CANNED TWP Carbs: 22 ---	BEAN, GREEN CUT FROZEN TWP Carbs: 5 ---	Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---	Oranges, Fresh, 138 Count, Whole Carbs: 14 ---
Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	USDA Refried Beans ES/MS Carbs: 33 ---	PEACH, SLICED IN LIGHT-SYRUP CANNED TWP Carbs: 20 ---		Apples, Golden Delicious, 125-138 Count, Whole Carbs: 18 ---
Roasted Broccoli Carbs: 7 ---	Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---	Candied Carrots Carbs: 19 * Soybeans ---		
Pears, Diced, Extra Light Syrup, Canned TWP Carbs: 16 ---		Bananas, (7 to 7-1/8 Inch), Whole Carbs: 27 ---		